

RE: Cystic Fibrosis Walk on May 2<sup>nd</sup> 2010

Dear Friends,

The Cystic Fibrosis Walk-A-Thon this back on again, May 2nd at Charland's Karate in Watertown.

The walk is about two hours long starting at 9AM and it's about 4 miles long.

We need walkers and donations!!!! Our fundraising will be selling bracelets for \$3.00 and taking any donations at the following location:

Thanks for all your support,

**Where I will be:**

**The Kick-off starts Thursday, February 18<sup>th</sup> from 5-7PM**

The Red Door

675 Main St  
Watertown, CT 06795

(860) 945-6688

**Saturday, March 27<sup>th</sup> in Bantam from 11-2PM**

Big Value Super Market

Rt 202  
Bantam, CT 06750

(860) 567-8647

**Saturday, March 6<sup>th</sup> in Thomaston 10-2PM**

Tony's Coffee Express

19 Waterbury Rd

Thomaston, CT 06787  
(860) 283-8447

**Sunday, March 28<sup>th</sup> in Bethlehem from 10-2PM**

Towne Apothecary

95 Main Street South

Bethlehem, CT 06751  
(203) 266-7801

**Sunday, March 7<sup>th</sup> in Watertown from 10-2PM**

The Watertown Meat Center LLC  
485 Main St

Watertown, CT 06795

(860) 945-6328

*March 13 & 14<sup>th</sup> away no event*

**Thursday, April 8<sup>st</sup> in Waterbury from 3-9PM**

Chuck E. Cheese 650 Wolcott St

**Saturday, April 10<sup>th</sup> in Watertown from 8-12AM**

Starbucks Coffee House  
Main Street

Watertown, CT 06795

**Saturday, March 20<sup>th</sup> from 6-6:30 at Charland's  
Cory Lutkus 6-6:30PM**

and from 6:30-8PM "Girls Night Out"!

Charland Institute of Karate & Fitness

979 Main St

(860) 945-6565

**Sunday, April 11<sup>th</sup> in Watertown from 10-2PM**

LaBonne's Market

639 Straits Turnpike

Watertown, CT 06795

(860) 274-9631

**Saturday, March 20<sup>th</sup> in Thomaston from 10-2PM**

Country Grocer

92 Main St

Thomaston, Ct 06787

(860) 283-5645

**Saturday, April 17<sup>th</sup> in Morris from 12-4PM**

X-Mart Gas station

**Sunday, April 18<sup>th</sup> 4-9PM in Watertown**

The Red Door

675 Main St

**Sunday, April 25<sup>th</sup> in Watertown from 1-3PM**

Charland's Institute of Karate & Fitness

Kids Show off your Talent Night!!!!

MAKING A DIFFERECE.....With your help!!!!!!!